

Cooking tips for Hams

Place ham (leave in vacuum bag) in suitable pot and cover with water, heat but **do not boil**, simmer for 40-60 min, Large hams: for 1 to 1½ hours. Remove ham from bag Serve now or you may add your favorite glaze and finish ham in pre-heated oven for max. 15-20 min.

Enjoy your Valbella Ham!

Our hams are made with Alberta Grain Fed Pork from Sunterra Farms.

**Our hams contain no added additives or MSG
Smoked over Birchwood**

**Proudly made by Valbella Meats in Canmore Alberta
Any questions?**

Call us at 403-678-4109

Hours

Open Mon-Fri 7:00-4:00

Office Open Mon-Fri 8:00-4:00

VALBELLA
meats est. 1978



VALBELLA MEATS

Was established 1978 in Canmore, Alberta. Our meats are used in fine eating establishments, retailed at Valbella Deli/Café—Canmore AB, in specialty shops and are available at all Sunterra Market Locations in Calgary & Edmonton.

Wholesale Open

Mon—Fri. 7:00 AM—4:00 PM

Office Open

Mon—Fri. 8:00 AM—4:00 PM

Please visit us on our website:

www.valbellagourmetfoods.ca

Tel: 403 678 4109

VALBELLA's Deli, Café & Bakery

Mon—Fri 8am to 6pm

Saturday 9am to 5pm

403 678 9989